



# Reduced Glutathione

Introduced 1996



## What Is It?

Reduced glutathione is an antioxidant important for cellular health and liver function.\*

## Uses For Reduced Glutathione

**Antioxidant Support:** Glutathione is a key component of the antioxidant system, which protects the body from free radicals at the cellular level. Reduced glutathione is involved in the synthesis and repair of DNA, and enhances the antioxidant activity of vitamin C, transport of amino acids, and detoxification of harmful compounds. In addition, an intracellular abundance of reduced glutathione, as compared to oxidized glutathione, helps ensure healthy cell function. It is especially important for liver function.\*

## What Is The Source?

Reduced glutathione is derived naturally from corn glucose fermentation. Hypo-allergenic plant fiber is derived from pine cellulose.

## Recommendations

Pure Encapsulations recommends 1–2 capsules per day, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions. Consult your physician for more information.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

### Reduced Glutathione

<b>each vegetable capsule contains</b>  v 1	
l-glutathione (reduced) (free-form) .....	100 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	
<b>1–2 capsules per day, in divided doses, between meals.</b>	

‡These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.